| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  | Closed | Closed | $4$ <br> Closed | Closed |
| Chicken Tenders w/Dinner Roll <br> Pasta w/ Marinara Sauce | Build A Pizza Bento Box <br> Pasta w/ Marinara Sauce | Half Day <br> No Lunch Service | General Tso's $\quad 11$ Chicken w/ Vegetable Fried Rice Pasta w/ Marinara Sauce | Pizzeria Pizza <br> w/ Salad <br> Pasta w/ Marinara Sauce |
| $15$ <br> Breaded Chicken Patty on Roll <br> Macaroni \& Cheese | Hot Dog w/Baked French Fries <br> Macaroni \& Cheese | BBQ Chicken Hero w/ Tater Tots <br> Macaroni \& Cheese | $18$ <br> Mozzarella Sticks w/ Marinara Sauce <br> Macaroni \& Cheese | $19$ <br> Pizzeria Pizza w /Salad <br> Macaroni \& Cheese |
| Chicken Nuggets w Dinner Roll Sorghum Tabbouleh Sample Mediterranean Tabbouleh Bento Box w/Homemade Applesauce | Beef Nachos w/ Fiesta Rice w Scoops <br> Lasagna w/ Marinara Sauce | Pasta w/ Meatballs <br> Lasagna w/ Marinara Sauce | Cheese Burger on a bun w/French Fries Lasagna w/ Marinara Sauce | Pizzeria Pizza w/Sautéed Local Spinach <br> Lasagna w/ Marinara Sauce |
| Popcorn Chicken w/ Mashed Potatoes \& gravy <br> Grilled Cheese | Baked Ziti w/ Garlic Roll Grilled Cheese |  | At least 50 your meal | of All Grains served w/ Whole Grain Rich |

## ALSO AVAILABLE DAILY:

## Turkey \& American Cheese Sandwich

SALAD LUNCH (each salad includes a Whole Wheat Dinner Roll)
Breaded Chicken, cheese, Lettuce, Tomato Salad

## BAGEL \& YOGURT MEAL

Bagel w/ Cream Cheese, Yogurt, Cheese Stick
\& a Trip to The Farm Stand
Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.
"This institution is an equal opportunity provider."

A Complete Lunch Includes:
Entrée (with Protein/Grain)
Trip to The Farm Stand
(students must select at least a serving of fruit or vegetable)
Milk Choice: 1\% White, Skim, or Non-Fat Flavored

## Menu Subject to Change

Your comments are important to us. Please e-mail us at
comments@pomptonian.com

